We claim:

- 1. A pulverulent phytosterol formulation comprising at least one phytosterol having a mean particle size of from 0.01 to $100~\mu m$.
 - 2. A phytosterol formulation as claimed in claim 1, wherein at least one phytosterol is present in partially amorphous form.

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- A phytosterol formulation as claimed in one of claims 1 or 2, wherein the phytosterol is embedded in a protective colloid matrix.
- 15 4. A phytosterol formulation as claimed in one of claims 1 to 3 comprising from 0.1 to 80% by weight of one or more phytosterols, with the percentages by weight being based on the dry matter of the powder.
- 20 5. A phytosterol formulation as claimed in claim 4 comprising from 5 to 70% by weight of one or more protective colloids.
- 6. A phytosterol formulation as claimed in one of claims 4 or 5 additionally comprising from 0.1 to 70% by weight of one or more plasticizers.
 - 7. A phytosterol formulation as claimed in one of claims 4 to 6 additionally comprising from 0.01 to 70% by weight of one or more emulsifiers.

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- 8. A phytosterol formulation as claimed in one of claims 4 to 7 additionally comprising from 0.01 to 50% by weight of one or more antioxidants and/or preservatives.
- **35** 9. A phytosterol formulation as claimed in one of claims 1 to 8 which is water-dispersible.
 - 10. A process for producing pulverulent phytosterol formulations defined as claimed in claim 1, which comprises

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- a₁) dissolving one or more phytosterols in a water-miscible organic solvent or in a mixture of water and a water-miscible organic solvent, or
- 5 a₂) dissolving one or more phytosterols in a water-immiscible organic solvent and
- b) mixing the solution obtained as in a₁) or a₂) with an aqueous molecular dispersion or colloidal dispersion of a
 protective colloid, the hydrophobic phase of the phytosterol being formed as disperse phase, and
 - c) to produce a dry powder, freeing the resulting dispersion from the solvent and the water and drying it in the presence or absence of a coating material.
 - 11. A process as claimed in claim 10, wherein
- a) one or more phytosterols is/are dissolved in a
 20 water-miscible organic solvent, or a mixture of water and a water-miscible organic solvent, at temperatures in the range from 50°C to 240°C,
- b) the resultant solution is mixed with an aqueous molecular dispersion or colloidal dispersion of a protective colloid selected from the group consisting of pectin, casein, caseinate, gum arabic, modified starch and fish gelatin, a mixture temperature of from about 35°C to 80°C being established and
 - c) the resultant dispersion is converted into a dry powder.
- 12. A process for producing pulverulent phytosterol formulations defined as claimed in claim 1, which comprises grinding at least one phytosterol in an aqueous medium in the presence of a protective colloid and drying the resultant phytosterol suspension to produce a dry powder.
- 13. A process as claimed in claim 12, wherein the phytosterol suspension, after the grinding, is heated to a sufficiently high temperature to cause complete or partial melting of the phytosterols and this melt is cooled again before being converted into a dry powder.
- 45 14. A process as claimed in claim 13, wherein the phytosterol suspension, after the grinding, is kept at a temperature of from 150 to 200°C for a period of from 0.05 to 200 seconds

and is cooled to a temperature of from 20 to 80°C before conversion into a dry powder.

- 15. The use of the phytosterol formulations defined as claimed in claim 1 for producing food supplements and as additive to foods, animal feeds, pharmaceutical and cosmetic preparations.
- 16. A food supplement, animal feed, food or pharmaceutical orcosmetic preparation comprising a phytosterol formulation defined as claimed in claim 1.

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Pulverulent phytosterol formulations

Abstract

A description is given of pulverulent phytosterol formulations, processes for the production thereof and use thereof.